



# Rutherglen High School NEWSLETTER

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Friday 15th MAY 2020

## Principal's Report

**Thank you** for all of your support during these past few weeks of remote and flexible learning.

Following advice from the Chief Health Officer, the Victorian Government has advised that schools can begin a phased return to on-site schooling.

**In the first stage, senior secondary students (Year 11 & 12 VCAL and VCE) will return to school from Tuesday 26th May.**

Year 10 students undertaking VCE studies, including VCE VET studies, should also attend school for those classes where practicable. If this is not possible for your child/children, our teachers will make sure the work provided to students attending at school is also provided to your child/children.

**To support all school staff to prepare for this transition, Monday 25th May will be a pupil-free day.**

**In the second stage of our return to on-site schooling, Year 7-10 students will return to school from Tuesday 9th June.**

For those students who cannot be supervised at home and vulnerable children, the existing model of on-site schooling will remain in place during the two-week period from Tuesday 26th May to Tuesday 9th June. The current process that we are using to enable parents and carers to indicate the days or part-days for which on-site schooling is required will continue for this two-week period.

**All other students in these year levels will continue learning from home until Tuesday 9th June.**

**Once a year level has returned, all students will be expected to attend school as normal. This means if you choose to keep your child/children at home after their year level has returned to on-site schooling, we can no longer support their learning from home.**

This does not apply to children who need to be absent for health or medical reasons. For those families, please contact us so that we can make an appropriate plan.

This same approach is being taken by all government schools in Victoria.

## ANZAC Day

Thank you once again to all of our families who provided pictures and stories of students commemorating ANZAC Day, whilst practising social distancing.

Pictured: Principal Phil Rogers laid a wreath on behalf of our School Captains and school community at the Rutherglen Memorial Cenotaph. Students Isabella Brooks and Elly McInnes commemorate at home. More pictures page 2.

*Regards, Phil Rogers*





Isabella Brooks baking ANZAC biscuits @ home.



Isabella & Joseph Brooks commemorating @home.



The Nash-Webster family. Dawn.



Sam Woodward laid a wreath made up of rosemary, red ribbon (poppies) and purple ribbon (animal deeds and sacrifices) at the small Warrenbayne community cenotaph, whilst isolating with his grandparents.



Australian Army Cadet, Travis Clapton



Tarka Toohill preparing & baking ANZAC biscuits



Rutherglen Memorial Cenotaph

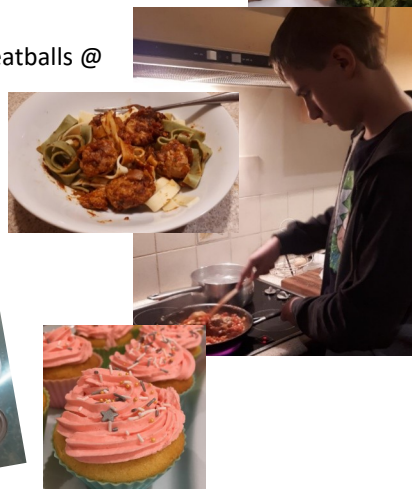
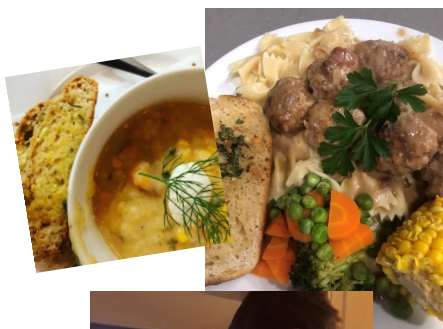
## VET Hospitality

This Term, the Year 11 Hospitality students have been cooking at home or at school with the focus around 'good old home cooking' and keeping up their skills.

## FOOD Technology

Noah Bowler— Creating fettuccini & meatballs @ home.

Camia Park-Osbourne's Mother's Day cake, made at home.



The students at school last week studied **Textiles** in their Art and Technology block, making bookmarks and cards for Mother's Day.



**WINTER SOLSTICE 2020**  
**Sunday 21 June at 6.00pm**  
**VIRTUAL ONLINE EVENT**

@alburywodongawintersolstice

**FREE**

Winter Solstice is an annual community event supporting those affected by mental illness and suicide. Due to the COVID - 19 restrictions, Winter Solstice will be a virtual online event, so this year you can help us to shine a light on the darkest night from any part of Australia or the world.

Hosted by Survivors of Suicide and Friends, Winter Solstice is in its 8<sup>th</sup> year and will feature keynote speakers including Olympic basketballer Lauren Jackson (AO), British mental health campaigner Jonny Benjamin (MBE) and mental health expert Professor Patrick McGorry (AO). There will be musical performances by Liv Cartledge and The Northern Folk and the entire line up will be streamed on the Winter Solstice Facebook page.

Light a fire or a candle and join us online at [www.facebook.com/alburywodongawintersolstice/](https://www.facebook.com/alburywodongawintersolstice/)

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## A MESSAGE FROM THE SCHOOL NURSE...

## TIME MANAGEMENT TIPS

### ARE YOU FINDING IT HARD TO KEEP A ROUTINE?

Now that we're not coming to school five days a week and we're doing remote learning, it can be tricky to stick to a routine. So I have some tips to try and help you.

#### 1. You need to plan each day out, on the night before.

Having a clear plan of what you are going to do for the day helps you use your time productively. Doing this the night before you start your school day means that it doesn't cut into learning time. Try to break your time up evenly across your subjects. If there is a subject that you struggle with, allocate a little more time than the rest of your subjects. But don't let it take up half a day.

#### 2. You need to go to bed the same time as you would on a school night.

Getting enough sleep is important for your health. If you don't get 8-10 hours a night, you will find it hard to concentrate and remember things that you have learnt, or things that you have read.

#### 3. You need to wake up with enough time to do your normal morning routine.

This means if you normally shower in the morning before school, you need to be up in time to have a shower before you start school work.

#### 4. You need to have a healthy breakfast before you start your school work.

This is important because without breakfast, you won't be able to concentrate as well.

#### 5. Take a morning tea break and a lunch break.

It might help to take these breaks at the same time you have them at school to keep up a normal routine. It will be easier to be in this routine before we start back at school.

Don't forget to go outside at least once a day. It's also important to do some exercises too. Going outside, and exercising improves happiness, and happy people are more productive!



## 2021 Rutherglen Kindergarten Applications open on the 27<sup>th</sup> May 2020.

Rutherglen Kinder will be running both a 3 year old & a 4 year old funded Kinder program for 15 hours a week in 2021.

Once applications are open please register your interest in your child attending Kindergarten in 2021 by contacting us to request an application form.

Please have your application forms completed and returned to us by Friday 18th September 2020 so we can finalise numbers and organise groups (times, days etc).

Please note: Completing an application form places your child on the application list, it does not guarantee a place for your child.

For more information on funded 3year old Kindergarten please visit <https://www.vic.gov.au/give-your-child-the-best-start-in-life>

If you would like to book a tour of the facility, request an application form or have any questions please contact one of our friendly staff.

Contact details:

Ph: (02) 6032 9456

Email at [admin@rutherglenkinder.com.au](mailto:admin@rutherglenkinder.com.au)



# RHS website – Resources & Information



Rutherglen High School



- ◆ **Compass**    Contact General Office for [access](#)
- ◆ **Student DAILY BULLETIN**
- ◆ **Student GMail account**    Contact General Office for [login](#)
- ◆ **Clickview Online**    See below for [login instructions](#)
- ◆ **THE AGE online**    [World Book link.](#)    [Research & Resources.](#)    [World newspapers.](#)
- ◆ **World Book online**    Login:    **ruther**    Password:    **library**
- ◆ **eBooks**    Username:    Your RHS student code    Password:    Your RHS computer password
- ◆ **RHS Careers**    (*also, check out* [FACEBOOK](#) - Search '*Rutherglen High School Careers*' )

## The Age newspaper, online:

Login –

[webb.lou.k@edumail.vic.gov.au](mailto:webb.lou.k@edumail.vic.gov.au)

Password – **rhs2020**

## Clickview Online

1. Go to **Rutherglen High School** website
2. Click on **CLICKVIEW ONLINE** button/link    (top right of page)
3. Enter your *Email Address*:    **yourRHSstudentCODE@rutherglenhs.vic.edu.au**  
(example:    and0001@rutherglenhs.vic.edu.au )

IF you are directed to another login page (blue & white).

Login:    rhs\your**RHSstudentcode**    (example: rhs\and0001 )

Password:    Your RHS computer password

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