



# Rutherglen High School NEWSLETTER

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#### **Principal's Report**

A long and often cold Term 3 is drawing to a close. Parents and students are reminded to check the <u>recently released Interim Reports which can be ac-</u> <u>cessed via Compass.</u> If you do not know how to do this, contact the General Office on 02 6032 9483.

#### The Rutherglen Show will be held on Sunday 20th October .

Once again we will be operating a fund-raising BBQ and are looking for student and parent volunteers. If you can help out, please contact the General Office.

Students are also strongly encouraged to enter some of the numerous and varied categories of exhibits. Entries close on Friday 11th October.



Go You Good Things.!!



Congratulations to Magnus Burt-Douglas and Molly Wileman for their prize winning entries in the *Write Around the Murray* competition.

Congratulations also to the many students who performed so well at the Ovens & Mitta Athletics.

More details inside.

Finally, Term 3 finishes at 2:30 p.m. on Friday 20th September.

#### Term 4 commences Monday 7th October.

I hope everyone has a safe and relaxing holiday and that everyone gets over the last of the winter sniffles so we can all start Term 4 reinvigorated and re-energised.



The School's <u>Steer Handling Team</u> is undergoing final preparations for the upcoming Royal Melbourne Show. Last year they were the standout school team so we wish them all the best for this year. Nikita, Kayla and Emma show how to handle Angus the Angus.

Last week thirteen students, two teachers and various parents and family members travelled to Melbourne for final rehearsals for the **State Schools Spectacular.** 

The 2019 Victorian State Schools Spectacular: 'Made of Stars' was staged at Melbourne Arena on Saturday 14 September and filmed by Channel 7 for broadcast at a later date.

'Made of Stars' presented a galaxy of out-of-this-world performances by daredevil BMX riders and skaters, acrobats, circus artists, musicians, haka and hip-hop dancers.

The three-hour show will feature the arrival of a spaceship with a visitor from another planet, a crew of sassy blue street urchins, and a tongue-in-cheek look at fashion and fame with a plethora of Anna Wintours and a sea of paparazzi.

From all reports, our hip-hop dancers more than held their own. Special thanks to teachers Jenna McFarlane and Annette Simpson.



# RUTHERGLEN HIGH SCHOOL NEWS & EVENTS



## Write Around the Murray' **COMPETITION WINNERS!**

We were delighted to receive fourteen entries from Rutherglen High School students in our River of Stories competition.

Entries came from students in both the Years 7-8 and 9-10 categories and the standard was extremely high. All students who entered can be very proud of their writing. In particular Year 9-10 students, Magnus Burt-Douglas and Molly Wileman, whose work has earned each of them a prize. Their awards will be specifically revealed at the River of Stories Awards Ceremony at 12.00pm on Saturday 14 September, and published thereafter.

Best Regards, Narelle Lethlean Learning and Outreach Officer

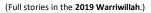
#### Writing competition: AN EXCERPT FROM 'Gluttony' by Molly Wileman

I'm not proud of what has become of me. It's no wonder I've been put in this position. It must be karma.

Lifelessly, I rested my head against the marbled tiles, my tears beginning to stream down the right side of my face. The warmth in my body slowly left as I watched my own

blood pool around my torso. Breathing was shallow and each time I struggled to take in oxygen I felt my lungs sting a little. The pain in my stomach had begun to grow and then it numbed as I felt my consciousness slip away, and even through the blood the many scars adorning my arms were larger, they seemed to laugh at me. I felt ill. How did it get to this?

From a young age people had fawned over me as being one of the most intelligent people in the world; I designed and put together my first ever engine when I was 8 and a half, and it was I who discovered how to incorporate the unfamiliar energy found during the area 51 raid into our everyday lives, using it in my projects to fuel everything. This is what brought me my fame and fortune; whether it was for the better or the worse, I'm not sure. With my new found wealth I was able to afford the nicest things in life; ...



## SCIENCE—DISSECTION



Melbourne Arena. The girls have worked tirelessly over the past 6 months to perfect their dances and they certainly did our school

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and the culmination of all their hard work were the two performances on Saturday afternoon and

There were a total of 3000 students involved in the Spectacular and it is truly an incredible opportunity for our small town girls to be involved in a performance of this scale.

Our Rutherglen High School girls danced beautifully, and most importantly, had a lot of fun! Two highlights of their experience was high-fiving Shane Jacobson backstage and having the cameras right in front of their faces for one of their dances (fingers crossed we get to see their beautiful faces on TV when it is aired in December!)

These girls gave up their lunchtimes to practise their dances, they pushed themselves beyond their comfort zone and they shone in both their rehearsals and in the arena. We are so incredibly proud of what they have achieved and thank them for all their hard work over the past 6 months and for representing our school so well.

Stay tuned for more information about when the Spectacular will be televised!! - Mrs McFarlane

## Haiku Competition 2019

Write a haiku for a chance to win a book about poetry!

A haiku is a Japanese poem of 17 syllables, written in 3 lines.

The theme this year is Animals. For example:

Moving in the grass A wombat leaves her burrow -Just in time for spring

You can send pictures with your haiku, but this won't affect the judging.

When you're done, scan or take a photo or screenshot of your haiku and upload online (DON'T write your name on your entry.)

Closes: 18 Oct 2019, 5pm (AEDT)



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# **RUTHERGLEN HIGH SCHOOL NEWS & EVENTS**



On the 9<sup>th</sup> of September, we had a guest speaker named 'Speedy' (Brent Alford) who came to talk to Year 10 students about his past experiences with alcohol, as part of our **'Safe Partying'** unit of work. Speedy talked about the effects that alcohol had on him and the three warnings he had before a serious accident left him with life-changing physical injuries, including an acquired brain injury. Speedy gave us a better understanding of what happens when you binge drink, and the effect alcohol has on the human mind. His talk was informative and very educational. We are thankful for having such an inspirational speaker come to talk to us about his story. **Hayley Webb and Stella Morrison** 

VCAL reflection comments about impromptu visit to their class by guest speaker 'Speedy' :

It was an unexpected visit [to our class] by Speedy, but he gave us a really good talk about drinking responsibly.-Blair

I learned how he got his nickname.! He also had us try to tie our shoelaces with one hand. Not fun. - Jordan

Speedy has taught us that drinking can severely impact your judgement and the way you act. He taught us that it is important to control how much you drink, or choose not to drink at all.—**Tahlia** Listening to Speedy was very interesting; we learnt a lot about safe partying.—**Corey** 

Speedy spoke to us about alcohol effects and how he acquired his brain injury. I thought he was very brave, sharing his story. - Braiden

## **RUTHERGLEN'S RIPEST**

# On Friday the 23<sup>rd</sup> of August the Rutherglen High VCAL class took to the road and headed to Ripe Restaurant @ Bullers Winery, for lunch.

Mr. Ray Tirrell was the guest speaker chosen by the VCAL students, to speak to them about different pathways they could take after school. The VCAL class also invited many key staff members including: RHS Principal Mr. Philip Rogers, RHS Assistant Principal Ms. Jenny Ward, VCAL PDS teacher Mr. Nathan Thomas, VCAL Literacy teacher Ms. Kerri Ware and RHS Careers Advisor Mr. Ronald Webb.

The VCAL students planned the luncheon themselves during their VCAL Literacy classes. We were all allocated different jobs during classes to make sure the plan was going to work smoothly, from selecting multiple candidates for guest speaker, to narrowing it down to Mr. Tirrell and contacting him. It was all done by the VCAL students themselves. Next they had a list of restaurants to choose from and later the class decided on Ripe, located at Bullers Winery. The majority of organising came however during the week before. Every student was given a job, from making sure the bus was booked, checking that Mr. Tirrell was still alright to attend, clarifying with staff if they were attending and writing speeches and thank you letters to guests.

When the day came, the VCAL students went away from the school for 2 periods of VCAL Literacy. They first travelled to Mr. Tirrell's house to pick him up for lunch. We were then welcomed by the Ripe staff and we introduced ourselves. We sat down for lunch, ordered, and then came Ray's amazing speech.

Ray spoke about the different pathways he'd taken and said that he has never stopped learning since leaving school: "Your true learning starts the minute you finish high school." He spoke about 10 things that don't take any talent... and many more key ideas that are relevant for all students, not just VCAL students.

This project taught our class that the most important thing to remember is to stay organised. This started as a CAP funding project idea and ended up being an amazing experience that not only students took something from, but also our own Principal Mr. Rogers saying, "Ray has spoken about many vitally important aspects of being an effective member of the workplace."

- Report by Samuel Jackson



#### **Ovens & Mitta Athletics 2019**

Rutherglen High achieved great success at the Ovens and Mitta Athletics. The school finished second overall on the day and 31 students also qualified for Hume Region athletics which was a great result.

Best Individual performers included:

Will Good - 1st in 13M 100m, 200m, Triple Jump, Javelin 100m relay and won Under 13 Age Group Champion

Alex McQuade - 1st in Open F 3000m, 16F 400m and 2nd in 1500m

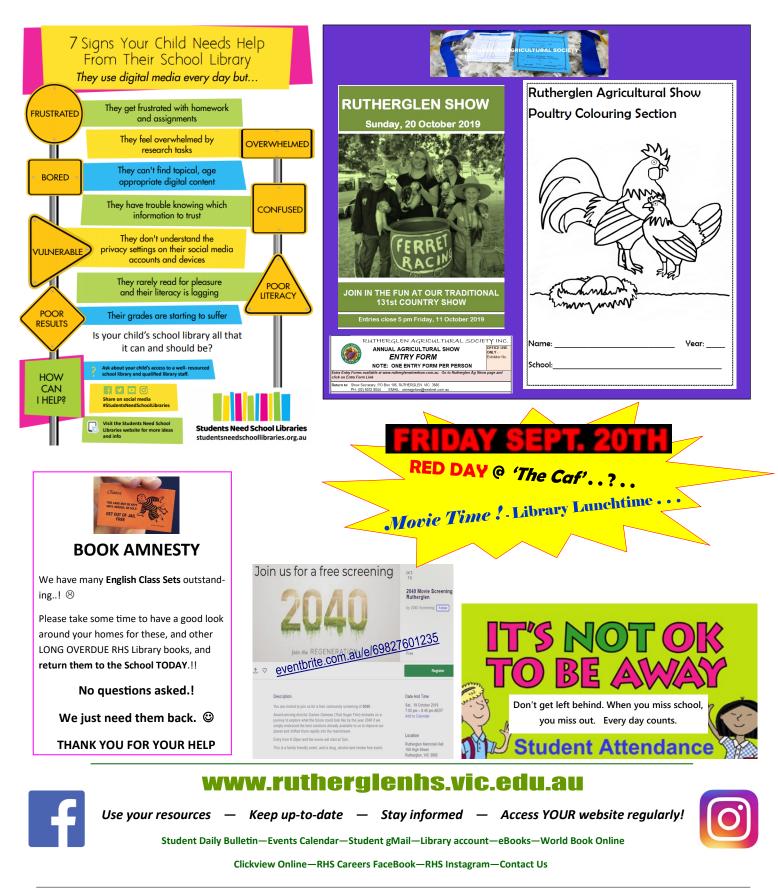
Ivan Rogers - 1st 16M 800m, 10m Relay and 2nd 200m

Sam Edmondson – 1st 15M High Jump, 100m Relay and 2nd 100m, Long Jump and Triple Jump Nic Stephens – 1st 16M Shot Put, Javelin and 100m Relay

Matilda Poupa – 1st 14F Shot Put and Discus

Well done RHS and good luck to all students who qualified for the Hume level.





Talk to staff at the school if you have any concerns about your child's wellbeing. There are also many online resources families can access 24 hours a day.

