



Rutherglen High School NEWSLETTER

40 Sheridan's Bridge Road
Rutherglen . Victoria . 3685
www.rutherglenhs.vic.edu.au
02 60 32 9 483
rutherglen.hs@edumail.vic.gov.au

Friday 28th February 2020

Principal's Report

Parent-Teacher-Student Interviews

Will be held on Wednesday 25th March from 4pm to 7pm.

House Swimming Carnival

It was great to see students dressing up in their House Colours and cheering on their peers.

It was also great to see a number of parents and grandparents coming along to support their family members.

At the end of the day Storm (Purple) prevailed with a score of 2462 points, ahead of Suns (2279) and Power (2123.)

As always, thanks go to Claire Megarrry and her team of helpers, especially the members of Rutherglen Swimming Club.



Age Group	Girls	Boys
13 years	Lavinia Fisher	Aziah Capper
14 years	Darcie Gunning	Tyler Baxter
15 years	Matilda Poupa	Lachlan Webb
16 years	Tilly Pinn	Ethan Marquison-McKenzie
20 years	Amy Arnold	Harry Storer



Congratulations also to 2020 Iron Woman Taylah Storer, and Iron Man Will Shannon

SRC



Welcome to 2020 SRC.

President: Amy Arnold

Vice Presidents: Riley Walsh and Jasmine Heath

Secretary: Travis Clapton

Publicity: Logan Hayes and Coen Hiscox

Members: Eden, Keeley, Sarah, Tamara, Finn, Selena, Lucy and Holly.

This year the SRC are focusing on creating a *CHILL OUT ZONE* on The Vine restaurant deck at lunch times on Tuesday, Wednesday and Thursday which will provide an area for the students to draw, play board games, colour, listen to music, relax, catch up on homework and fill up their drink bottles with cold water.

They are also using the TV in *The Caf* to advertise up-and-coming events and to put up jokes and inspirational quotes for the students, to help with self- esteem and organisation skills.

Regards, Phil Rogers



The "Cool Heads" – Driver Safety program is more than just a road safety message; it is an opportunity for young drivers and parents to understand fully the consequences associated with road trauma and to discuss safe driving with NSW and Victorian police and guest speakers. It aims to educate young and inexperienced drivers of the consequences of risky and dangerous behaviour when driving a motor vehicle. Senior students from Corowa, Rutherglen, and St Paul's High Schools will once again have the opportunity to attend this thought provoking program in 2020.

The "Cool Heads" program was developed in 2008 by local police to address the high incidence of road fatalities and serious injury collisions on local roads involving young drivers. The program is not designed to teach young people how to drive; it is designed to address the attitude of young drivers and advise them of the real consequences of taking risks on our roads. The reality is that 16 to 21 year old drivers are at the highest risk of being killed or seriously injured on our roads.

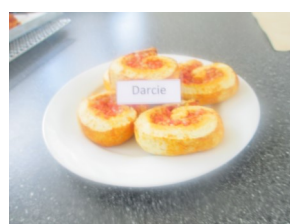
"Cool Heads" is a realistic, interactive and confronting program which reinforces that every risk taken on the road, whether small or large, can have extremely serious results, not just to those involved in an accident, but to their families, those attending the scene and the general community.

The high schools have been extremely fortunate to receive large amounts of support and financial assistance from Federation Council, Indigo Shire Council and local business and police.

The "Cool Heads" presentation will take place on **Tuesday 24 March at the Rutherglen Memorial Hall**, beginning at 10:00 am and running for approximately two hours. **All community members and past students are welcome to attend the presentation. Entry is free.**



Year 8 FOOD



Year 10 FOOD





Year 7 Camp 2020

On the 12th February 52 Year 7 students, some who were slightly nervous, left for Howman's Gap for the 2020 version of the Year 7 Camp. The purpose of the camp was for students to familiarise themselves with their fellow students and complete a number of activities across the three days.

Day one saw students arrive at Howman's Gap and receive a tour of the facilities. Rooms were allocated, lunch had and then groups went straight into the first round of activities. The activities on offer included canoeing, archery, high ropes, the giant swing and the challenge trail with students rotating through these activities each day.

Day's two and three saw students continue to complete activities with their fellow students. Groups were deliberately mixed to allow students the opportunity to get to know each other and this seemed to work very well. Many new friendships were made and the smiles on faces the majority of the time showed that students enjoyed the activities on offer.

The night activities also proved to be very popular with students. Night one saw preparation for the Challenge Night where students in small groups had to write and practice a song and dance they were to perform the following night. We also had a night walk up Road 24 and it was really relaxing to be walking in the natural environment around Howman's Gap. Night two saw the Challenge Night held. Many small challenges were the feature of this night which culminated in the performance of the song and dance. The scores were close and Team Nike ended up winning by only three points.

We arrived back at 3.05 with 52 students seeming happy but tired. Overall the staff on the camp really enjoyed the camp and it was great to get to know the students better. Some quotes from students included:

"Camp was extremely fun! I would recommend this camp for future groups because it's good for making new friends and learning how to work as a team" – Taya Iles

"I would recommend that you go to this camp because you experience a lot of things like group activities and a night walk up a mountain" – Kait Good

"I loved the camp because it was awesome. I loved every second of it" – Baylee Morton

"The camp was absolutely sensational and I loved it" – Emma Morgan



www.rutherglenhs.vic.edu.au



Use your resources — Keep up-to-date — Stay informed — Access YOUR website regularly!

Student Daily Bulletin—Events Calendar—Student gMail—Library account—eBooks—World Book Online

Clickview Online—RHS Careers FaceBook—RHS Instagram—Contact Us





*The Vine
Restaurant
@
Rutherglen High
School*

The Vine Restaurant operates as part of Rutherglen High Schools VET Hospitality Course. The Restaurant only opens for pre-booked functions.

The restaurant has catered for a range of functions including: lunches, set menu dinners, finger food, grazing plates, gourmet BBQ, wood fired pizzas, conferences and many more.

All dietary requirements can be accommodated.

Food is prepared by the Students and Brooke Rasmussen on the school premises.

Please feel free to contact Brooke at the school to arrange your next function. Bookings essential.

CONTACT: BROOKE RASMUSSEN
PHONE: 0260329483 OR 0437566197



Rutherglen Apex Park Picnic Shelter Grand Opening and Community Barbecue

From 4.30pm with BBQ from 5pm, Friday 20 March at Rutherglen Apex Park. Everyone welcome – all ages, with fun activities for the kids. More details to follow.

Facebook invitation:



Could you be a permanent care parent?

There are a number of children supported by the Department of Health & Human Services who require a *family for life* as they are unable to live with their birth families. We are seeking committed and motivated people who would be interested in learning more about providing a permanent family for a child.

Assistance payments are made to the Permanent Care family to assist with the day to day expenses of caring for a child/young person. Assistance payments are considered to be a reimbursement for expenses and not an earned income.


We are also keen to speak with families who are particularly interested in caring for children aged between 5 and 10 years.

Information sessions are being held on:

Wednesday 4th March 2020 at 6:00pm
Department of Health & Human Services
43-47 Rowan Street, Wangaratta

Thursday 5th March 2020 at 6:00pm
Department of Health & Human Services
163-167 Welsford Street, Shepparton

Bookings are not essential. For further **information** please contact:
Permanent Care Program
☎ 5832 1552

THE MANDALA PROJECT
Empower | Connect | Experience


BASECAMP FOR BOYS

This 2-night BASECAMP is an opportunity for boys to head into the mountains to hike, reconnect and discuss secret men's business with an experienced local outdoor educator.

WHO | Boys 13yrs – 16yrs old
WHEN | Fri 3rd April – Sun 5th April 2020
WHERE | Bogong High Plains, Victoria
COST | \$250 (includes transport from Wodonga, all activities, camping gear, food & insurance)

For more information & to register go to
www.themandalaproject.com.au/basecamp-for-boys/

E | info@themandalaproject.com.au M | 0412 234 358



Talk to staff at the school if you have any concerns about your child's wellbeing. There are also many online resources families can access 24 hours a day.



Will your online posts pass the Nanna test?

esafety.gov.au



YOUNG & eSAFE



woah.org.au/



parentline.vic.gov.au 13 22 89 (cost of local call) 8am to midnight, 7 days

parentline.org.au 1300 1300 52 (cost of local call) 24 hours a day, 7 days